



# SACRED PASSAGES

*An 11-Month Soul-Centered Leadership Program  
Designed to Awaken Creativity, Inspire Courageous Living  
and Manifest Your Gifts and Calling*



*Created and Facilitated by*

**GAVIN FRYE**

*To be held January through November 2011  
on a private estate in Malibu, California*

# Birthing the next season

*The Sacred Passages Program is designed to inspire and support you taking leadership in the following ways:*

**Establishing deeper residence in the presence of Soul** Anchor new levels of profound connection with your divine presence, with who you are as a Soul. This naturally results in spiritual wisdom, with stillness and inspiration becoming the source and foundation for living all aspects of your life.

**Embracing freedom through healing compassion** Awaken a reverence for the life-long process of transformation, including opening to deeper levels of heartfelt compassion towards Self and others. A central emphasis of the program is learning practical healing tools that lead to greater freedom from unconscious, limiting patterns.

**Embodying vibrant health** Open new levels of honoring your physical body as a sacred temple. The program fosters an intimate, relaxed relationship with your body, including connecting to its inherent wisdom and establishing a conscious pattern of choosing vibrant well-being.

**Awakening and expressing your unique gifts and calling** Receive inspiration and support in uncovering and realizing your creative expression in the world. The program serves as a powerful incubator for nourishing and articulating your heart's desires. Tools for successful manifestation include cultivation of a greater level of mastery of the fundamental aspects of soul-centered business, such as personal organization, effective communication and presentation, and designing on-purpose business practices.

**Partaking of the blessings of sacred community** Give and receive in the power of an intimate group, including support and celebration of each other's growth and successes throughout the year. Sacred community is where you can draw tremendous strength to effect powerful individual change. Have access to a generous, wide-ranging network of personal and professional resources, and accomplish forward movement in natural and integrated ways.

After decades of participation, design and facilitation of transformational programs, Gavin has purposefully crafted the Sacred Passages Program to be in-depth and on-purpose while also being a relaxed complement to your existing life commitments.

The Program provides the following benefits:

- Deepening your ability to live authentically and joyfully in the present
- Developing a fierce trust in your intuition
- Experiencing new levels of confidence and success as a creator and artist
- Embracing vulnerability as an entryway into your own depth and wisdom
- Deepening your relationship with Nature as a vibrant spiritual teacher
- Honoring death as a sacred ally in support of wholehearted living
- Anchoring higher levels of physical vitality
- Celebrating gratitude, service and generosity as foundational to a Soul-centered life

Each of us  
has a unique  
and natural  
Self, an  
eternal presence  
that longs to  
be known,  
breathed into  
and lived from.



# *of your life's expression*

*You are invited...*

*Imagine yourself as a member of Sacred Passages... on an amazing experiential journey anchored in a beautiful and nourishing setting, wherein you naturally awaken to new levels of awareness, healing and creativity.*

In an intimate group of no more than 25 participants to assure personalized support and the development of a deeply bonded community, the program utilizes a rich mixture of innovative and multi-sensory processes, including:

- *Small group exercises*
- *Large group activities*
- *One-on-one master coaching*
- *Artistic expression*
- *Inspirational poetry*
- *Meditation*
- *Movement/dance*
- *Music*
- *Sacred dreamwork*

In addition to monthly in-person gatherings, the group will participate in a mid-month evening session utilizing the latest teleconferencing technology to facilitate group processes and sharing.

## **PROGRAM COST**

- \$5,100 per person; includes \$425 deposit and retreat accommodations in June\*
- Balance payable at \$425 per month from January through November
- Participants will be selected by application only (available at [sacredpassages.com](http://sacredpassages.com))
- Your deposit, along with approved application, reserves your space in the Program

## **DATES AND SCHEDULE**

FREE INFORMATIONAL OPEN HOUSES in Malibu from 2:00 p.m. to 5:00 p.m.

*Sunday, November 14, 2010 ~ Sunday, December 12, 2010 ~ Sunday, January 16, 2011*

2011 WEEKEND PROGRAM SESSIONS from 10:00 a.m. to 6:00 p.m.

*January 29 & 30*

*July 17*

*February 20*

*August 21*

*March 20*

*September 18*

*April 17*

*October 16*

*May 15*

*November 12 & 13*

*June 17, 18 & 19 to be held in retreat at the Ragged Point Inn on the Big Sur coastline*

## **LOCATION**

The program will be held in a Craftsman-style studio on an estate overlooking the Pacific Ocean in Malibu, California. See the workshop space at [www.woodshedrecording.com](http://www.woodshedrecording.com).



# About Gavin and the Program

## **GAVIN FRYE, M.A., M.F.T.**

A licensed Marriage and Family Therapist in private practice in Southern California, Gavin has offered soul-centered counseling and workshops for close to 30 years. He specializes in supporting individuals and couples in career and life transition, with an emphasis on spirituality and creativity. Gavin served on faculty for 16 years at the University of Santa Monica, co-facilitating the first year of USM's transformational Masters Degree program in Spiritual Psychology. He is a well-known designer and facilitator of workshops, including *Turning Points: Discovering and Creating Your Life's Work*, and *Soul-Centered Parenting: Guiding Your Family From the Wisdom of the Heart*. Gavin has been happily married for 20 years to his wife, Susan, and they have three children.

*For many years, I had a heartfelt dream to take my work of facilitating women's empowerment circles into women's shelters and prisons, but could not get myself to move forward in action. The program process energized the creative parts inside of me, and the flow of action steps began taking place almost effortlessly. Although I am working diligently, it feels as if I am moving in the current the universe provides, with doors opening that I did not imagine would be available. This level of my work has now blossomed. I have tears of gratitude to see these healing groups begin moving into populations of women who benefit so much.*

**MARIGRACE LONERGAN-GLEASON** *Workshop Facilitator*

*With the lightest touch, the deepest intention for my growth, and an intuition that attunes to the energies of my Soul, Gavin has powerfully guided me as I've learned to expansively embrace my life. With a laugh that is hearty and joy-filled, he is a living testament to expansive and whole-hearted living. He is very real, human, compassionate and masterful in his craft. For those with the courage and calling to embrace the next season of your life, I highly recommend Gavin as your loving and masterful guide.*

**BETSY HOROWITZ** *Artist*

*As ordained ministers in our 80's and veterans of many personal growth trainings, we were enriched by Gavin's skilled leadership which enabled hearts to open. The group welcomed our presence as ones who have happily weathered the crises and joys of 60 years of marriage. We were nurtured by the safe, loving environment in which transformation naturally occurs. We became aware afresh of the beauty and confidence of the Soul as it unfolds in the presence of loving acceptance. The group's support helped us both in triumphantly writing long-simmering books.*

**BOB JACOBY, PhD**      **MARY LOU JACOBY, MSW**

*Sacred Passages is a unique program for anyone who longs to connect with the deepest parts of themselves. For me, it is quite simply the most profound and life-changing experience I have had to date. Among the countless gifts I discovered was a compassionate, loving, and completely supportive community that created a safe harbor for unexpected, exponential growth. But most importantly, Gavin's innate and intuitive gifts as a guide and facilitator provide the steady anchor for this exquisitely well-designed 11-month program. I have witnessed the miraculous blossoming of my own authenticity along with groundbreaking changes taking place in my life, and I am eternally grateful.*

**MIA KORF** *Actress, Musician*

*During the program, I began writing a book that had been in my heart and imagination for more than 18 years. Every session was a treasure-trove of Self-discovery, healing and artistic expression.*

**ELAINE CRANDALL** *Singer, Corporate Executive*

*Gavin's program has been an opportunity to open myself to a kind and gentle voice that has been there all along... a voice urging me to treat myself with the love and respect I deserve, with an honesty and openness that is moving and sacred. To experience deep suffering with the same tenderness and self-love as a moment of resplendent joy... this is the heart of Gavin's support and message. As a result of my participation in his program, I am carving out more and more of who I am and flowing with my own sacred river.*

**ALICIA ELKORT** *Artist*

*For further information about the Program, or to register and receive an application, please contact:*

**Gavin at (805) 498-7097 or email to [gavinfrye@sacredpassages.com](mailto:gavinfrye@sacredpassages.com)**

**[www.sacredpassages.com](http://www.sacredpassages.com)**